



How to sleep better



Chaz
 [cvillette](#)

<https://cvillette.livejournal.com/>
2007-10-20 14:52:00

MOOD: 😊 anticipatory

MUSIC: Calexico - Black Heart

That was the GoogleAd that showed up in the sidebar of my FitDay activities log page for today. I looked at the activities, looked at the ad, and said, "Is that supposed to be funny?"

Because after a whole lot of climbing and, I expect, a possibly dangerous amount of dancing, I don't think sleep is going to be an issue.

[Besides, I'm making noodle kugel to eat when I get home.](#)

(<https://www.livejournal.com/away?>

[to=http%3A//www.fitday.com/webfit/publicjournals.html%3FOwner%3Dcvillette%26Year%3D2007%26Month%3D9%26Day%3D20](http://www.fitday.com/webfit/publicjournals.html%3FOwner%3Dcvillette%26Year%3D2007%26Month%3D9%26Day%3D20))

Which is the most relaxing food in the world.

Hmm, kugel. Must be fall.



[locked] Dream Journal

All right, unconscious mind. We're coming to an accommodation. If the dreams are you cleaning house, putting

Elvis doesn't live here anymore.

Hey there. Sorry about the drama. It was... it was an emotional decision, and I didn't handle it well. So yeah, I'm sorry.

Poppets. Puppets. Puppet puppets.
Scary.

4 comments



 [trollcatz](#)

[October 21 2007, 05:04:54 UTC](#) [COLLAPSE](#)

noodle... pudding?

Good gracious me, will you put sugar on *any* starch in existence?



 [cvillette](#)

[October 21 2007, 16:27:57 UTC](#) [COLLAPSE](#)

You don't know about kugel? Oh, you poor ~~depraved~~ deprived soul. I will fix this sad gap in your education.



 [trollcatz](#)

[October 22 2007, 01:27:18 UTC](#) [COLLAPSE](#)

I fear you.



[cvillette](#)

[October 22 2007, 02:54:23 UTC](#)

[COLLAPSE](#)

Egg noodles. Brown sugar. Cinnamon. Raisins. Eggs. Milk. Yes, harpy, these are your dooooooom.

I mean, really, it's just like bread pudding with a different carb, right?

Prepare to meet your kugel. *Bwah-hah-hah-hah!*